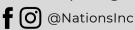


# INTRODUCTION TO GARMENT CONSTRUCTION

For persons desirous of learning the key principles in sewing for a livelihood.



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## **ABOUT THE COURSE**

The aim of this course is to equip participants with sewing skills to help support their livelihood. During this course participants would be introduced to servicing the sewing machine, cutting and measuring fabric correctly, pressing fabric and sewing simple pieces.

By the end of this course each participant must be able to sew any two or more of the following pieces:

- A pillowcase
- A towel
- A face mask
- A skirt
- A blouse
- A hand-bag (tote)

## **LEARNING OBJECTIVES:**

At the end of this course, participants should be able to:

- Understand the fundamentals of a sewing machine.
- Be able to use sewing tools.
- Understand the principles of sewing.
- Be able to produce samples for manufacture.
- Be able to resolve quality issues and provide technical feedback.

## WHAT WILL I LEARN?

- The fundamentals and parts of a sewing machine
- Sewing tools
- The main principles of sewing
- Producing samples
- Resolving quality issues
- How to provide technical feedback

#### DURATION

30 Hours

#### CERTIFICATION

Successful learners will be awarded an ABMA certificate of completion. ABMA is an Awarding Organization based in the UK offering OFQUAL Regulated and Professional qualifications in the UK and internationally.

