



NATIONS

CORPORATE TRAINING

INTRODUCTION TO CARING FOR THE ELDERLY

For persons desirous of learning the key principles involved in caring for the elderly.



NATIONS INCORPORATED

41-42 NEW MARKET STREET, GEORGETOWN
225 4516 | info@nations.gy | www.nations.gy

  @NationsInc

ABOUT THE COURSE

This course aims to provide participants with the basic knowledge of the roles and responsibilities in caring for the elderly. Participants will also explore the key principles of providing care and support for elderly persons.

LEARNING OBJECTIVES

At the end of this course, participants will be able to:

- Practice the basic principles of care when caring for elderly persons.
- Support elderly persons to meet their mental, emotional and psychosocial needs.
- Identify the importance of infection control and describe how infection can be spread.
- Uphold a personal responsibility in fighting against infection by understanding the key aspects of personal hygiene.
- Support the mobility of elderly persons.
- Utilise measurements and the basic rules of calculation to assess an elderly person's condition.
- Prepare, administer and store medication.
- Prepare and leave a bed ready for occupancy.

WHAT WILL I LEARN?

- Introduction to the care for elderly persons
- The basic principles of caring for the elderly
- Meeting the need for developmental activities
- Meeting the need of therapy sessions
- Personal health & hygiene
- Infection control
- Infection & its causes
- Measurements and calculations
- Supporting mobility
- Medication administration
- Measuring vital signs
- Bed for occupancy preparations
- Meeting emotional and psychosocial needs

DURATION

30 Hours

CERTIFICATION

Successful learners will be awarded an ABMA certificate of completion. ABMA is an Awarding Organization based in the UK offering OFQUAL Regulated and Professional qualifications in the UK and internationally.

